



# The Science Behind Squalene (The Human Antioxidant)

*Dr. Bikul Das*

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## **The Science Behind Squalene (The Human Antioxidant) Dr. Bikul Das**

Squalene is a remarkable nutrient produced in our bodies and is also found in nature. It belongs to a class of antioxidants called isoprenoids. An isoprenoid is a cell-friendly molecule that neutralizes the harmful effects of excessive free radicals in the body. Dr. Bikul Das, a research fellow from the University of Toronto's Hospital for Sick Children Research Institute, provides scientific and medical facts and findings about Squalene as an excellent isoprenoid antioxidant. This book is currently hailed as the most credible book on the subject.

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