

Verdure: Simple Recipes in the Italian Style

Gioietta Vitale, Robin Vitetta-Miller



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Verdure: Simple Recipes in the Italian Style Gioietta Vitale, Robin Vitetta-Miller One hundred healthful and delicious Italian recipes centered on the best fresh, seasonal produce

From artichoke frittata to zucchini soup, Vitale offers simple and nutritious recipes dedicated entirely to vegetables. Providing tips on selecting fresh ingredients and bringing out each dish's unique flavor, Verdure represents the best of northern Italian cuisine, and is a must-have for anyone seeking no-frills meals using the best that any local produce market has to offer.



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