



Help--My Kid is Driving Me Crazy: The 17 Ways Kids Manipulate Their Parents, and What You Can Do About It

David Swanson Psy.D.

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A family psychologist offers parents clear and simple techniques for disarming the strategies kids use to manipulate them.

Every parent knows that children quickly learn how to push their buttons. Now, this invaluable and insightful book, written by a prominent clinical psychologist, identifies the specific ways kids manipulate their parents?and how to stop each tactic. These uncannily sophisticated and undermining strategies include:

- ? Emotional blackmail
- ? Shutting down
- ? Negotiation
- ? Protest
- ? Playing the victim
- ? Dividing the parents

Filled with informative and practical advice, this insightful guide is designed to help parents restore harmony, discipline, and healthy relationships?and put an end to selfish, manipulative behavior for good.

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