



# High Road to Health: A Vegetarian Cookbook

*Lindsay Wagner*

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# High Road to Health: A Vegetarian Cookbook

*Lindsay Wagner*

## **High Road to Health: A Vegetarian Cookbook** Lindsay Wagner

Actress Lindsay Wagner and coauthor Spade present a unique collection of recipes for delicious, high-fiber, low-fat meals that will inform experienced vegetarian cooks and make it easy for novices to make the transition to a meatless diet.

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