



# Life in the Victorian Asylum: The World of Nineteenth Century Mental Health Care

*Mark Stevens*

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Life in the Victorian Asylum reconstructs the lost world of the nineteenth century public asylums. This fresh take on the history of mental health reveals why county asylums were built, the sort of people they housed and the treatments they received, as well as the enduring legacy of these remarkable institutions.??Mark Stevens, the best-selling author of *Broadmoor Revealed*, is a professional archivist and expert on asylum records. In this book, he delves into Victorian mental health archives to recreate the experience of entering an asylum and being treated there, perhaps for a lifetime. ??Praise for *Broadmoor Revealed*??'Superb,' *Family Tree* magazine??'Detailed and thoughtful,' *Times Literary Supplement*??'Paints a fascinating picture,' *Who Do You Think You Are?* Magazine

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