



Portobello Cookbook

Jack Czarnecki

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Portobello mushrooms are the most flavorful--and popular--of the cultivated "exotic" mushrooms that are now found in supermarkets and specialty shops throughout the United States and Canada. From the simple grilled portobello--many diners' first experience with this mushroom--to portobello lasagna and portobello potpie, these aromatic mushrooms are deliciously satisfying and are low in fat and calories. The portobello's popularity is increasing steadily; according to the U.S. Mushroom Council, portobello sales in the United States have doubled in the last three years, up to 30 million pounds.

Jack Czarnecki, America's foremost authority on cooking mushrooms, has written the first book focusing exclusively on the versatile portobello. The *Portobello Cookbook* provides some forty recipes for basic preparations, main courses, side dishes, and snacks, and it will help cooks explore new culinary ideas. Using flavors and cooking methods from around the world, Czarnecki presents recipes for such treats as Portobello Tempura with Beer Batter, Portobello and Lemongrass Soup, Portobello-Vegetable Stir Fry, Provence-style Portobello Ragout, Shaved Portobello Salad with Balsamic Vinegar, and many more. Most of the recipes are simple and quick to make--using a minimal number of ingredients--and they deliver great flavor. This volume is beautifully designed and illustrated by Alexandra Maldonado.

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