



The Ceasing of Notions: An Early Zen Text from the Dunhuang Caves with Selected Comments

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Among the writings from the Dunhuang Caves, discovered in the mid-twentieth Century, are the Zen equivalent of the Dead Sea Scrolls--ancient texts unknown for centuries. *The Ceasing of Notions* is one such text. It takes a unique form: a dialogue between two imaginary figures, a master and his disciple, in which the disciple tenaciously pursues the master's pity utterances with follow-up questions that propel the dialogue toward ever more profound insights. And these questions prove to be the reader's very own. Soko Morinaga brings alive this compact and brilliant text with his own vivid commentary.

This volume also includes a generous selection from Morinaga's acclaimed autobiography, *Novice to Master: An Ongoing Lesson in the Extent of my Own Stupidity*.

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