



Veggie Food: From Veggies on the Side to the Main Event

Kay Scarlett

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Long relegated to supporting roles on the dinner plate, veggies are finally headlining the show. Here they star in almost 200 delectable recipes – each accompanied by a photograph – covering every cooking style and occasion, from starters, salads, main dishes, and even vegetable juices to picnic food, casseroles, curries, and baked goods. Among the luscious offerings are Tomato Tarte Tatin, Asparagus Risotto with Pecorino and Mint, Roasted Beet Salad, and Green Curry with Sweet Potato and Eggplant.

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