

Brilliant NLP Workbook (Brilliant Business)

David Molden, Pat Hutchinson



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In this new workbook, NLP trainers, David Molden and Pat Hutchinson, have gathered the very best NLP techniques from years of teaching and training people from all walks of life. Each exercise has been chosen for maximum impact to ensure brilliant results, every time.

Designed as a complete, step-by-step programme, it details every core aspect of NLP, from creating compelling outcomes and changing old habits right through to personal strategies for success and modelling excellence. Ideal for personal or professional use, it provides an invaluable resource to help you or your clients achieve their very best in life.



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