



# **NADH: The Biological Hydrogen: The Secret of Our Life Energy**

*George D Birkmayer*

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# NADH: The Biological Hydrogen: The Secret of Our Life Energy

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The most promising natural substance in our body is NADH, the biological form of hydrogen. It reacts with the oxygen present in every living cell, producing energy and water. The more energy it can produce the better it function, and the longer the cell, and the entire organism, lives. This book describes the many positive benefits of this new energy supplement that is a potent antioxidant, lowers cholesterol and high blood pressure, and boosts the immune system.

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