



What's Wrong with Me?

Lynn Dannheisser, Jerry Rosenbaum

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What's Wrong with Me? Lynn Dannheisser, Jerry Rosenbaum

The Rx for solving your "mystery malady" when your doctors can't

You may feel that your doctor isn't spending the time needed to give you accurate diagnoses--and often you are right. One-third to one-half of all symptoms evaluated by a doctor are medically unexplained. Written by two "mystery malady" patients, *What's Wrong with Me?* identifies an array of often undiagnosed and misdiagnosed conditions and teaches you how to become your own medical detective.

Inside, you will find:

- The authors' revolutionary Self-Diagnosis Model, including the "Eight Steps to Self-Diagnosis" and numerous case studies of medical mysteries that illustrate the model's success
- Tips on how to create a partnership with your doctor to get an accurate diagnosis
- Advice on how to search for medical clues on the Internet
- Techniques for dealing with chronic pain, insomnia, and stress accompanying mysterious maladies

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