



Stop ADHD, ADD, ODD Hyperactivity: A Drugless Family Guide to Optimal Health

Robert DeMaria

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Overcome Hyperactivity without Drugs. How to get your children and family off medications and detrimental foods--junk foods loaded with sugar,preservatives, dairy products and trans-fatty acids--so that they can have optimal, natural health. Here is a simple, effective step-by-step plan to modify yur diet and vitamin intake, improve nervous system function, overcome behavioral and learning problems, insomnia, mood swings, irritability, and more--so the body cna heal itself naturally.

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