

Creative Cooking for One or Two: Simple & Inspiring Meals That Are Just the Right Size

Marie W. Lawrence



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Just because many of us live the life of singles or doubles doesn't mean we should deny ourselves one of life's finer pleasures: delicious, home-cooked meals! Move over, fast food . . . and watch out, takeout! Creative Cooking for One or Two has arrived. With recipes for soups, salads, entrées, baked goods, and desserts, there's something in here for everyone (or two) looking to prepare meals that are tasty, satisfying, and won't leave you with excessive leftovers. College students will appreciate that virtually every recipe in the book can be prepared using either a microwave or toaster oven or a hot plate. Couples learning to cook together will love the shopping tips, suggestions for appropriate cooking utensils, and easy-to-follow instructions. Health-conscious cooks are in luck, as each recipe includes an approximate calorie count.

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