

Group Therapy Homework Planner (Book with Diskette)

Louis J. Bevilacqua



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Group Therapy Homework Planner (Book with Diskette) Louis J. Bevilacqua Help clients in group therapy develop the skills they need to work through problems

Group Therapy Homework Planner provides you with an array of ready-to-use, between-session assignments designed to help clients in group therapy. This easy-to-use sourcebook features:

- 79 ready-to-copy exercises covering the most common issues encountered in group therapy
- A quick-reference format—the interactive assignments are grouped by behavioral problem, such as anxiety, bulimia, chemical dependence, and depression
- Expert guidance on how and when to make the most efficient use of the exercises
- Assignments that are cross-referenced to *The Group Therapy Treatment Planner*—so you can quickly identify the right exercise for a given situation or behavioral problem
- A computer disk that contains all the exercises in a word-processing format—allowing you to customize them to suit you and your clients' unique styles and needs



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