



Renewal: A Little Book of Courage and Hope (Pocket Wisdom Series)

Ekknath Easwaran

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Our personal example — in every aspect of our lives — is a very powerful instrument of change, more powerful than many of us realize. *Renewal* is a little book of hope, to lift our spirits and give us courage when we're facing problems, and to offer gentle, sometimes surprising answers to the question "But what can *I* do?" In these short readings on themes such as loving relationships, raising children, living simply, and aging wisely, Easwaran presents fresh insights to reveal our fundamental interconnectedness, our unity with all life. This beautifully produced collection includes tales from India, inspiration from Gandhi and the world's saints, engaging anecdotes, and practical suggestions, all of which are accessible to readers of any faith, philosophy, or lifestyle. Together, they demonstrate that small daily efforts to improve our own lives and the lives of those around us can add up to a powerful force for renewal — for ourselves and for our world.

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Jennifer Bryan:

Renewal: A Little Book of Courage and Hope (Pocket Wisdom Series) can be one of your beginner books that are good idea. Most of us recommend that straight away because this guide has good vocabulary which could increase your knowledge in terminology, easy to understand, bit entertaining but still delivering the information. The writer giving his/her effort to put every word into pleasure arrangement in writing Renewal: A Little Book of Courage and Hope (Pocket Wisdom Series) however doesn't forget the main position, giving the reader the hottest in addition to based confirm resource facts that maybe you can be among it. This great information can easily drawn you into new stage of crucial imagining.

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