



# **The Baffled Parent's Guide to Coaching Boys' Lacrosse (Baffled Parent's Guides)**

*Gregory P. Murrell, Jim Garland*

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**A novice's guide to coaching one of the nation's fastestgrowing youth sports**

Unlike other lacrosse titles, this latest addition to the acclaimed Baffled Parent's Guide series arms newcomers with a total road map for mastering all aspects of coaching a 6- to 12-year-old boy's lacrosse team. From skill fundamentals to managing a game, it covers all the bases in a clear, step-by-step format. At the heart of *Coaching Boys' Lacrosse* is a set of original drills designed to keep kids engaged and motivated while teaching them the subtleties of the game. This book has been endorsed by University of Maryland's renowned lacrosse coach, Dave Cottle, whose teams have been ranked in the top 10 nationally for 11 consecutive years.

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