



Treatment of Obsessive Compulsive Disorder (Treatment Manuals For Practitioners)

Gail Steketee PhD

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A complete, hands-on resource, this volume provides everything the mental health professional needs for working with clients who suffer from obsessions and compulsions. The initial chapters supply the background by describing in detail the most up-to-date, clinically relevant information available on obsessive compulsive disorder (OCD). The latter chapters comprise a step-by-step guide for conducting behavioral treatment. The book also features unusually practical appendices that include checklists, an inventory, rating scales, and suggested readings.

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