

From Tree to Table: Growing Backyard Fruit Trees in the Pacific Maritime Climate

Barbara Edwards, Mary Olivella



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How to grow fruit successfully for overcast climates.

FROM TREE TO TABLE celebrates the satisfaction that comes from planting and enjoying fruit trees in the maritime Pacific region. It s a collaboration between the authors and amateur gardeners, horticultural experts, and dedicated chefs from up and down the West Coast. The result is a charming and accessible guide for local plant and food lovers that dispels the myth that gardeners in sun-challenged climes can never find happiness with fruit trees!

With advice that is suitable from drizzly Seattle backyards and frosty Portland burbs to often-sunny Marin or foggy Richmond, the authors offer both anecdotal and expert advice for raising everything from apples to plums, lemons to figs, and much more in some of the most difficult conditions heavy soils, foggy and rainy weather, cool summers, and relatively mild winters. In addition to describing growing, planting, and pruning tips in each fruit-specific chapter, FROM TREE TO TABLE features recipes from the West Coast's best and brightest chefs, including San Francisco's Tom McNaughton, Portland's Gabriel Rucker, and Seattle's Ethan Stowell. Readers will discover that it takes little technical know-how, minimal upkeep, and very little space to participate actively in the sustainability solution. After all, what could be more local and enduring than fresh apricots or Fuyu persimmons from a backyard tree that can feed generations to come?



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