



# **Multicultural Counseling Workbook: Exercises, Worksheets & Games to Build Rapport with Diverse Clients**

*Leslie Korn*

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# Multicultural Counseling Workbook: Exercises, Worksheets & Games to Build Rapport with Diverse Clients

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## **Multicultural Counseling Workbook: Exercises, Worksheets & Games to Build Rapport with Diverse Clients** Leslie Korn

Cultural competency begins with knowing who you are. Interactive, engaging and fun—this workbook is filled with valuable exercises, worksheet, games and clinical strategies to help you become more culturally competent. Use this powerful tool to explore cultural communities, religion, spirituality, gender, sexuality and disability. You'll find unique activities to help you reflect on your own attitudes, prejudices, and develop new skills for working with and building rapport with diverse clients.

Group Discussion Questions

Client Worksheets

Multimedia Resources

Strategies for Client Engagement

Mindfulness & Meditation Activities

Therapist Worksheets, Exercises and Case Vignettes

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