



# **AMC's Best Sea Kayaking in the Mid-Atlantic: Forty of the Best Paddling Adventures from New York to Virginia**

*Michaela Riva Gaaserud*

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# AMC's Best Sea Kayaking in the Mid-Atlantic: Forty of the Best Paddling Adventures from New York to Virginia

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## **AMC's Best Sea Kayaking in the Mid-Atlantic: Forty of the Best Paddling Adventures from New York to Virginia** Michaela Riva Gaaserud

Get ready to launch your kayak and wet your paddles with this brand new guide from the Appalachian Mountain Club, featuring 40 of the best coastal paddling adventures from New York to Virginia.

This concise guide highlights the top kayaking trips that can be completed in a day or turned into an overnight, from the New York City Water Trail, threading its way through all five boroughs, to beautiful Virginia Beach on the Chesapeake Bay. Paddle amongst the historic sailboats of Baltimore's Inner Harbor or pay a visit to the wild ponies of Assateague Island.

Each trip includes a full description and map of the route, plus information on launches, tide and currents, and nearby attractions. An at-a-glance trip planner makes choosing the perfect paddling trip a snap and a selection of fascinating nature and history essays make this an indispensable guide to kayaking on the Mid-Atlantic seaboard.

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