

### Stress Less Coloring Mandalas : Vol. 2: 50 Coloring Book For Adult, Relaxtation

Lisa Ott



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This Mandala Coloring Book for Grown-Ups will help you find your inner calm and creativity every day. Each unique design will draw your eye inward allowing you to fully relax your mind as you express yourself through these beautifully complex illustrations. This is a great way to ground yourself in the present moment and to stop worrying.



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