



Answers to Questions Teachers Ask about Sensory Integration: Forms, Checklists, and Practical Tools for Teachers and Parents

Jane Koomar, Carol Kranowitz, Stacey Szklut, Lynn Balzer-Martin

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In this elegant approach to the often-elusive subject of sensory integration, Carol Kranowitz, M.A. (author of the best-selling book *The Out-of-Sync Child*) and expert occupational therapists Stacey Szklut, MS, OTR/L, Lynn Balzer-Martin, PhD, OTR, Jane Koomar, PhD, OTR/L, FAOTA, Elizabeth Haber, MS, OTR/L, and Deanna Iris Sava, MS, OTR/L, have assembled an extensive and easy-to-use set of checklists and other tools that will be invaluable to every teacher (and parent) who has children with sensory processing challenges.

You'll find tried-and-true instructions for developing fine-motor, "organizing," and motor-planning skills, and for providing an appropriate "Sensory Diet" that will benefit all your students. Checklists help you identify students who have difficulty processing sensory information. With up to 20% of the students in any given classroom affected by Sensory Processing Disorder, *Answers to Questions* is an invaluable resource for teachers of preschool through high school.

Winner of *Learning* magazine's Teachers' Choice Award, this book and the tools within it will help teachers learn how to:

- Recognize Sensory Processing Disorder
- Understand how Sensory Processing Disorder may interfere with a child's motor coordination, muscle tone, fine motor skills, visual perception, and relationships with others
- Discern a child's unique pattern of out-of-sync behavior
- Help a child recover after a meltdown
- Develop strategies to prevent future meltdowns
- Approach a child who is simultaneously oversensitive to one kind of stimulation and undersensitive to another kind
- Help children identify their own needs for the right amount of sensory stimulation
- Collaborate with parents, occupational therapists, and other professionals on a child's behalf
- Provide a safe, appropriate, "sensory diet" in the classroom that will benefit all students
- Structure a calm and organized classroom
- Manage his or her own behavior when a child "pushes those buttons"

Finally, this book will help teachers to always remember that these are good children who are trying their best in a confusing world!

Contents include:

- What Is Sensory Integration?
- What Is Occupational Therapy?
- How to Get the Most Out of *Answers to Questions Teachers Ask*
- Comparison of Typical Sensory Processing & Sensory Processing Disorder
- Organizing Sensory Input and Activities for the Classroom
- Classroom Accommodation Checklist

- Infants and Toddlers Checklist (Birth to Age Two)
- Preschool Checklist (Age Three to Four)
- School-Age Checklist (Age Five to Twelve)
- Adult/Adolescent Checklist (Age Twelve and Up)
- Balzer-Martin Preschool Screening—Teachers Checklist
- Characteristics of Tactile Dysfunction
- Characteristics of Vestibular Dysfunction
- Characteristics of Proprioceptive Dysfunction
- Characteristics of Visual Dysfunction
- Characteristics of Auditory Dysfunction
- Heavy Work Activities List for Teachers
- And more!

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