

## The Metabolic Syndrome in Clinical Practice

Satish Mittal



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Presently, there is so much focus on diabetes and cardiovascular disease, that the clinical intervention that is required towards its precursor, metabolic syndrome, is often not realised. "Metabolic Syndrome in Clinical Practice" will draw the attention of clinicians towards the importance of diagnosing metabolic syndrome, and therapeutic (including lifestyle) intervention that could be enforced earlier on to prevent its consequences and complications. In doing so, the understanding of present diagnostic criteria and how various metabolic risk factors play their role in its pathogenesis is crucial.

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