



Top 100 Meals in Minutes: Quick and Easy Meals for Babies and Toddlers

Annabel Karmel

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From a leading children's food expert and bestselling author of *Top 100 Baby Purees*, this ultimate time-saving, stress-free cookbook offers fabulous recipes for keeping your children healthy and happy.

Meet Annabel Karmel, international bestselling author and leading authority on feeding babies and children. With over two decades of feeding experience and thirty-eight books which have sold over 4 million copies worldwide, Annabel continues to be one of the most trusted, influential, and inspiring resources for growing families.

Although feeding your children separately may seem like an easy solution to keeping everyone happy, all that extra time spent in the kitchen rustling up different meals could be spent eating together at the table—discussing the day, sharing stories, and enjoying each other's company.

Cooking for the whole family doesn't have to be difficult or time-consuming, and it shouldn't feel like a chore. *Top 100 Meals in Minutes* features delicious, nutritionally balanced recipes that are simple to prepare. From chicken meatballs in barbecue sauce and pasta primavera, to jambalaya and sweet potato butternut squash soup, Annabel's latest collection of easy-peasy recipes will leave everyone feeling full and satisfied.

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