



Brainpower Game Plan: Sharpen Your Memory, Improve Your Concentration, and Age-Proof Your Mind in Just 4 Weeks

Cynthia R. Green

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Have you ever walked into a room and forgotten why? Or forgotten someone's name right after you heard it? Maybe you're just not thinking as clearly as you used to, and you're growing worried. Well, have no fear. This revolutionary program can help you **Improve your everyday memory up to 78%!**

Prevention, America's leading healthy lifestyle magazine, teamed up with one of the country's most notable memory experts, Cynthia R. Green, PhD, to create *Brainpower Game Plan*?the first brain fitness book to translate cutting-edge research into a comprehensive, doable, day-by-day program that promises real results.

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